

The medical and healthcare professional listed in this directory are independent, and consultations carry separate fees

Consultant / Clinician Name	Qualifications	Professional Membership	Contact Details
Dr Hana Patel	MBBS BSc MSc(Med Ed) FRCGP ILM7 RCPATHME	GMC: 6129771	via Top Doctors
<p>Currently, Dr. Hana Patel practises mainly in men's and women's health. She has a passion for health coaching, using this method to help clients reach their health and fitness goals by way of lifestyle modification.</p> <p>Her background as a general practitioner allied to her own personal experiences, enable Dr Hana Patel to provide a unique holistic approach to client's general and mental health which is individualised per client and session. Her expertise has afforded her the opportunity to work with clients globally and within the world of medical media.</p> <p>Dr Hana provides relaxed, remote sessions to suit her clients and can simply provide blood test interpretation, a full lifestyle modification consultation or an appointment to discuss specific symptoms or conditions.</p>			<p>For availability, prices and to book please visit https://www.topdoctors.co.uk/doctor/hana-patel</p>
Dr Filomena Paciello	MBBS (Hons), MRCGP, MSc (Cardiology)	GMC: 6072001	
<p>Founder and General Practitioner at Steth & Derm Scope Private Healthcare / Italian GP London with over 20 years of experience in family medicine.</p> <p>Dr Paciello has a wealth of experience with particular interest in health screening, cardiovascular prevention, women's health and wellbeing. Prevention, early identification of illnesses, and correction of risk factors are the key values in the care she offers to her patients as a medically trained advisor dedicated to ensuring patient optimal health with guidance to a journey of wellbeing at every stage of life.</p> <p>She is fully registered with the GMC (General Medical Council), Member of the Royal College of General Practitioners (MRCGP), British Menopause Society (BMS), Italian Medical Society of Great Britain (IMSoGB).</p>			<p>https://steth-derm-scope.selectandbook.com/</p>
Kate Knowler	Naturopathic Nutritional Therapist, and Phlebotomist	CNHC, NNA, CQC	
<p>Kate Knowler is a registered nutritional therapist specialising in interpreting blood tests for clients, with a passion for breaking down complex medical data in order to educate and empower individuals to take control of their wellbeing. With a background in nutritional therapy and 16 years of clinic experience, Kate possesses a deep understanding of blood tests and the significance of using optimal ranges and looking for patterns within blood markers when monitoring and managing health conditions.</p> <p>Kate firmly believes that informed patients make healthier choices and achieve better outcomes, and she works tirelessly to provide clear, concise interpretations of blood test results tailored to each client's needs.</p>			<p>clinic@kateknowler.co.uk https://kateknowler.co.uk/</p>
Natalie White	BA (Hons), DipNT, mANP, mGNC, mBSIO, mSIO	ANP, GNC, BSIO, SIO	
<p>Natalie is the founder at NatNutHC: Hormone, Mental Health and GUT Nutritional Therapy. She can tell you what you can do at a practical level in terms of nutrition, supplements, and GUT health to improve your blood marker results. From a nutritional perspective, Natalie can support many conditions including perimenopause, cancer, osteoporosis, arthritis, immune function, hormone regulation, mental health, energy levels and cardiovascular health. Natalie is especially skilled at working with individuals who have a history of stress, trauma, addiction and eating disorders. Natalie studied biomedicine and naturopathic nutrition at the prestigious award</p>			<p>https://www.natnuthc.co.uk/about/ 0208 224 6893 info@natnuthc.co.uk</p>